



More than a care, an experience...

EXCL. TA'RUZAR GUESTS

ZEN INSTANT

Experience a relaxing, refreshing, soothing and revitalising moment. Feel light and zen!

Shoulder massage + leg scrub/massage + facial.

1h : 65€

**+ 10% DISCOUNT
ON ALTEARAH PRODUCTS**

**USE THE CODE TARUZARLIP
UPON RESERVATION**

FREE SPIRIT

This is a massage that will adapt to you, or only to your body and its needs of the moment, but also to your mood.

30min : 45€ • 45min : 60€ • 1h : 75€

1h15 : 90€ • 1h30 : 105€

TIBETAN

This massage has a detox/draining action which helps you digest and eliminate toxins, thanks to the work on your stomach. The body and mind are relaxed, but energized by the combination of gentle and tonic movements..

1h : 75€

HARMONY

Create a link between body and mind. Discover a harmonising, encompassing and energising massage. The synergy of several Altearah colours gives you a touch of positivity.

1h15 : 90€

SINGAPORE

Break away! Thanks to this deep, energetic massage, we will chase away all the negativity from your body. The combination of Chinese, Indian and Malaysian techniques will allow you to make way for lifestyle renewal.

1H30 : 115€

SOPHIE'S RITUAL

An invitation to escape! SLOW, deep movements envelop you. From head to toe, from prelude to gourmet break, let yourself go and enjoy every second. Feel your body, leave rested, calm and bright ;)

2h : 145€

COLORED SCRUB

Alone or to accompany your body massage or facial, the Altearah body scrub brings you and your skin softness, nutrition, vitality and relaxation, while enhancing your tan! The colour depends on your current needs. The scrub salts are rinsed with hot towels so that you can make the most of this moment.

30min : 30€

SHINE INSTANT

Ideal for discovering the Altearah brand. This short treatment allows you to relax and illuminate your complexion. A clean and moisturised skin, ready for summer!

With the delicate scent of orange and pomegranate.

30min : 45€

KOBIDO

This manual massage is a Japanese technique. It relaxes the facial muscles, rejuvenates and smoothes the skin. The complexion is brighter. In addition, your body is completely relaxed (use of an oil).

1h : 65€

ZEN BEAUTY

This is a complete facial treatment, with a relaxing face/head massage and the application of Altearah products. It oxygenates and hydrates your skin which becomes soft and smooth.

1h : 75€